

Lunch Menu

SOUP OF THE DAY (11/12) 5.5
MADE FRESH DAILY AND SERVED WITH MINI BREAD LOAF

FOLEY'S SEAFOOD CHOWDER 9
(2/3/4/5/8/9/11/12)

A SELECTION OF SALMON, SMOKED COD, HADDOCK & MONKFISH WITH CHOPPED CHIVE & PARSLEY, SERVED WITH CRUSTY BREAD

FOLEY'S CHICKEN WINGS REGULAR/LARGE 9/13
(1/2/3/9/10/11/12)

OUR SIGNATURE CRISPY CHICKEN WINGS IN YOUR CHOICE OF SAUCE WITH A SIDE OF BELLINGHAM BLUE CHEESE DIP

SAUCES:

- **BBQ SAUCE**
- **SWEET & STICKY**
- **FRANKS HOT SAUCE**

FOLEY'S LOADED NACHOS 8
(1/2/3/10/11)

SERVED WITH JALAPENO PEPPERS, GUACAMOLE AND SOUR CREAM, TOPPED WITH A CHEDDAR CHEESE & CHILLI SAUCE AND A TOMATO & CORIANDER SALSA

CHILLI MINCE/SHREDDED CAJUN CHICKEN 10

BBQ CHICKEN BURGER & SLAW 13
(1/2/3/10/11)

BBQ FILLET OF CHICKEN TOPPED WITH TOMATO SALSA & HOMEMADE CABBAGE SLAW, SERVED WITH SKINNY FRIES

(VEGETARIAN BURGER AVAILABLE) 11

CLUB SANDWICH (1/11) 10

GRILLED CHICKEN BREAST, CRISPY BACON, LETTUCE, TOMATO & MAYO ON TOASTED BREAD WITH SIDE SALAD

GOURMET SANDWICH OF THE DAY (11) 10

SERVED WITH SIDE SALAD (PLEASE ASK YOUR SERVER)

FOLEY'S CHICKEN TENDERS 12
(1/2/3/10/11/12)

HOMEMADE CHICKEN TENDERS WITH YOUR CHOICE OF SAUCE, COLESLAW & CHUNKY CHIPS

VEGETARIAN LASAGNE (1/2/11) 11

FOREST MUSHROOM & BABY SPINACH LASAGNE SERVED WITH CHUNKY CHIPS & COLESLAW

SUPERFOOD SALAD (3//8/10) 11

BABY SPINACH, TOASTED ALMONDS, ROAST SWEET POTATO, QUINOA, AVOCADO, FETA CHEESE, BROCCOLI, CRUSHED WALNUTS, RAISINS AND PUMPKIN SEEDS IN OUR HOUSE VINAIGRETTE

- **ADD CHICKEN** 3
- **ADD PRAWNS** 4

CAJUN CHICKEN CAESAR SALAD (1/2/3/8/10/11) 11

GRILLED CHICKEN BREAST MARINATED IN CAJUN SPICES, BABY GEM, CRISPY BACON, PARMESAN SHAVINGS, HERB CROUTONS IN A HOMEMADE CAESAR DRESSING

BAKED POTATO (1/2/5/9/11/13) 10

BAKED IRISH ROSTER POTATO WITH A FILLING OF YOUR CHOICE & SERVED WITH COLESLAW & SIDE SALAD

- **BEEF CHILLI**
- **TUNA MAYO**
- **BAKED BEANS & CHEDDAR CHEESE**
- **AVOCADO & TOMATO SALSA**
- **VEGAN CHICKPEA CURRY**
- **BREAKFAST SPUD – BACON, EGG, BEANS & CHEESE**

BEETROOT & GOATS CHEESE SALAD (2/10) 10

ROASTED BEETROOT WITH GRILLED GOATS CHEESE, SERVED ON A BED OF MIXED LEAVES, RED APPLE, WALNUTS & A HONEY DIJON DRESSING.

TAGLIATELLE CARBONARA 11
(1/2/11)

RIBBONS OF PASTA WITH CRISPY BACON & MUSHROOMS IN A CREAMY SAUCE

- **ADD CHICKEN** 3

PIE OF THE DAY (1/3/9/10/11/12) 12
SEE BOARD

SPECIAL OF THE DAY
SEE BOARD

SIDES

- **HAND CUT CHIPS / SKINNY FRIES** 3.5
- **SWEET POTATO FRIES** 4
- **CAJUN POTATO WEDGE** 4
- **MIXED LEAF SALAD** 3.5
- **ONION RINGS** (1/2/11) 4
- **CHAMP** (2) 3.5
- **SELECTION OF VEG** 4

DIPS + SAUCES 1 EACH

- **BBQ**
- **GARLIC MAYO**
- **CAJUN MAYO**
- **GARLIC BUTTER**
- **SWEET CHILLI & LIME**
- **FRANKS HOT SAUCE**
- **PEPPERCORN SAUCE**

DESSERTS 6

APPLE & BERRY CRUMBLE (1/2/11)
SERVED WITH CRÈME ANGLAISE & VANILLA ICE CREAM

SALTED CARAMEL ROCKY ROAD BROWNIE (1/2/11)
SERVED WITH VANILLA ICE CREAM

WHITE CHOCOLATE & RASPBERRY CHEESECAKE (1/2/11)
SERVED WITH FRESH CREAM

1. EGGS 2. MILK 3. SHELLFISH
4. MOLLUSCS 5. FISH 6. PEANUTS
7. SESAME 8. SOYA 9. SULPHUR DIOXIDE
10. NUTS 11. CEREALS CONTAINING GLUTEN
12. CELERY 13. MUSTARD 14. LUPIN

INFORMATION ON 14 ALLERGENS ON ALL FOOD SERVED, EITHER ON THE MENU OR HAVE THE INFORMATION AVAILABLE UPON REQUEST.